

Spring Fever

- Linda Fitzpatrick

The spring time frenzy is finally settling in as the days become longer and the temperature rises. Spring is a time of cleaning and reorganizing our lives, and, some would argue, most importantly a time of warmth. With April break just around the corner, it can be hard to focus on the present tasks at hand, like completing homework or just making it through a day of school. Our minds are narrowed into a week in the sun, whether it be here in our quaint town of Marblehead, or on a trip elsewhere, relaxed, without the wickedly cold days winter has provided us with this year. This trance can distract us all from our daily lives. We need to remind ourselves that time is an illusion we create.

We could spend these next few weeks in a depressed, eager attitude, or we could tell ourselves that we are one day closer to vacation, making the wait bearable. Time works the way you want it to. It's an obstacle of life that can cause distress or happiness. If you choose to endlessly count the days until your week off, or until the weather is finally worth going outside for, you will end up finding yourself stuck in a rut, for that count will feel forever continuous. Instead of being swallowed up in time, control it yourself. Be grateful for each new day and the adventures it will provide.

The clocks won't speed up or slow down, but you can choose what you would like time to feel like. It is all up to you in how you choose to envision the world. Your frame of mind will determine which way time will go by. For the clocks to spin faster, stay focused on each passing day, and before you know it, it will be spring break. The warmth will continue to rise, and the sun will stay shining in the sky longer. Your positive attitude will move along the winter shivers and supply summery breezes in no time if you focus on the present rather than wishing it away.