

11 Ways to Stay Productive Over Spring Break

- Julia Murphy

Spring break is here! Maybe you're jetting off to a tropical island or another exciting destination. The weather is getting warmer, and break is a great time to relax. Your mind might not be thinking about school any more, but here are some great ways to stay focused and productive while you enjoy your spring break.

1. Work on your resume and look for jobs.

Free time during spring break is a great time to revise or amp up your resume. You hopefully won't have any distractions so you'll be able to focus on perfecting your resume and getting it ready to send out to potential employers. You can peruse job listings to find potential job openings you may qualify for. If you're an underclassman, start applying for summer jobs so you'll be good to go when summer vacation rolls around.

2. Stay active.

It's spring break, so, hopefully, the weather has started to get nicer. This is a great time to get outside and exercise. Since classes aren't in the way, you can't make excuses about why you can't hit the gym or exercise. Get out there, and get moving! You can go for a jog, walk with some friends or maybe sign up for a class at the gym.

3. Play catch up.

Chances are, there are some things you've fallen behind on during school. Life can get busy, but spring break is a great time to catch up on all the things you need to finish (or start). Don't let school work take up your entire break, but getting a few hours out of the way is a great way to knock things off your to-do list.

4. Do some spring cleaning.

You can start by organizing your room. Throw out any junk that you don't use anymore and organize clothes. Store away your winter clothes and accessories to free up some space. Recycle papers and notebooks you don't need anymore.

7. Read a book.

Maybe there's a novel for class that you're a few (or many) chapters behind on. If you're lucky enough to be sitting on a beach, you can soak up some sun and catch up on your reading. If you don't have any books to read for school, maybe crack open that book you've been wanting to read.

8. Get ahead on school work.

You might not be able to do this while you're away on vacation, but if you're lounging at home you could try to get ahead on your school work. When you get back from break, your workload will be a lot lighter and you won't be completely stressed out.

9. Volunteer.

Give back to the community while you're on break by checking out your local food pantry or local library. See if there is anything you can help them out with. They'll probably have something you can do. This is a great way to fill your time while helping others.

10. Get your sleep cycle back on track.

While you might not think sleeping is the most productive way to spend break, it will really help you in the future. While you're at school, your sleep schedule can be sporadic. Try to get to bed earlier so you'll be more rested and more likely to wake up earlier.

11. Take some "me time."

School can be a lot of stress, whether it's school work, group projects, work or helping others out. Sometimes you can forget to take care of yourself. Make sure your mental health is in check so you can return to school at 100 percent.

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